

# A Study of Children’s Attitudes towards Companion Animals in Greece

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# **A Study of Children's Attitudes towards Companion Animals in Greece**

## ***Abstract***

A study of children's attitudes and experiences towards companion animals was undertaken in the greater Athens area and on two Greek islands, (Ikaria and Zakynthos), with the purpose of exploring children's attitudes towards companion animals and their experiences of pet ownership. The study concentrated mainly on dogs and cats. In addition, comparisons of the children's outlooks were studied between children living in a large urban centre with many animal welfare societies, (the greater Athens area), those living in an island community where there is an animal welfare society, (Zakynthos), and those living in an island community with no animal welfare society, (Ikaria).

The anecdotal experience of animal welfare societies and supporters indicates that adult attitudes towards animal welfare in the greater Athens area are more positive than those in rural areas and islands. The general public in the greater Athens area appear to be more sensitive towards animal suffering and are more likely to seek assistance from an animal welfare organisation when witnessing animal neglect or sick/injured stray animals.

The development of positive feelings towards animals has been a crucial objective in humane education for many years. By studying the attitudes of children, their experiences, and the comparison between these in different areas of Greece, this study seeks to establish key findings that would help to improve existing humane education programmes.

Results are similar to what was expected. This study confirms that children, irrespective of whether they live in a large urban centre or in a rural area, are intrinsically motivated to treat animals well and respect animal life. Not only does the survey show that companion animals feature in many children's lives but also that there was a high perception of responsible pet ownership.

## ***Methodology***

### **Sample Selection**

#### **Designated Areas Selected for Study**

Three designated areas were selected for this study: the greater Athens area, the island of Ikaria, the island of Zakynthos.

These were considered to be representative of communities in Greece, ranging from a large urban centre on the mainland to smaller rural island communities, and to reflect different degrees of animal welfare society presence in the community, ranging from many organisations operating for a number of years,

to a few organisations in the earlier stages of development, to no local animal welfare society whatsoever.

**Athens**, the capital of Greece, is a cosmopolitan city with a population of 4 million.

Greek animal welfare laws 3170/2003 and 4039/2012 assign responsibility for stray dog control to municipalities. Of the areas surveyed, only the municipality of Athens has implemented a programme that adheres strictly to this law. The main objective of the programme is to neuter and return the dogs to the streets. The majority of Athens' suburbs have registered animal welfare organisations, usually run by volunteers. The aim of these groups is to organise neutering and care of stray dogs and cats, as well as lobbying, investigating reports of cruelty/neglect, promoting pet adoption, and educating both children and adults.

**Ikaria**, an island in the Eastern Aegean, is 225 square kilometres in size with a population of 8,000. The main industry on the island is farming.

At present, there is no animal welfare organisation registered on Ikaria. During 2011, awareness of animals and their welfare was raised due to a joint campaign run by the Greek Animal Welfare Fund and Dogs Trust with the aim to make 'Ikaria an animal friendly island'. Initiatives included two humane education programmes, one neutering programme, a successful prosecution against a hunter for neglect of two dogs, work with various stakeholders to end the cruel practice of using shepherd's dogs that are chained with low welfare standards in remote areas to restrict the movement of goats, and public awareness programmes through the local media. There is no stray dog problem, but a serious overpopulation of stray and feral cats exists throughout the island.

**Zakynthos**, an island in the Ionian Sea, is 410 square kilometres in size with a population of 40,000. The main industry on the island is tourism.

There is one animal welfare organisation which has been working on the island since 2000. The municipality has no stray control programme and the organisation receives no funding from the municipality whatsoever.

Zakynthian Animal Welfare Fund (ZAWF) focuses on education, rescue, adoptions, neutering, and lobbying. ZAWF has an active 'Junior ZAWF' membership, which helps with fund raising events, arranges meetings and produces a newsletter three times a year.

Hunting is very popular and there are 2,560 registered hunters, as well as an unknown number of unlicensed hunters, on Zakynthos. The majority of abandoned dogs are hunting dogs, which suggests that many hunters consider their dogs to be 'accessories' and dispose of them if they don't work well or have health problems. Although there are stray and feral cats on the island, there is not an overpopulation problem and generally the cats are healthy. Since 2000,

animal welfare has greatly improved on the island with fewer strays and an increased awareness of responsible pet ownership.

### **Participating Schools**

Eighteen schools participated in the survey. Schools were selected based on accessibility/convenience criteria and to ensure that response from children from both upper primary (ages 10-12, referred to as "Group A") and junior high (ages 13-16, referred to as "Group B") schools was captured from each designated area. In addition, participating schools in municipalities in greater Athens were chosen to reflect a range of lower, middle and upper income families.

### **Survey Distribution**

A one-page questionnaire (see Appendix A), consisting of 15 questions, was distributed by educators from animal welfare societies, a teacher and the researcher, to children at schools in the designated areas of greater Athens and Ikaria. On Zakynthos, questionnaires were distributed via the schools, where teachers administered the surveys to their students.

The children surveyed included pupils in upper grades of primary schools (ages 10-12) and students attending junior high school (ages 13-16). As most of the children had never participated in a survey before, it was explained to them that they should not confer with their contemporaries and that, as the questionnaire was anonymous, they should complete the answers based on their own ideas and beliefs.

### **Data Collection and Analysis**

Surveys from the greater Athens area were collected either by the researcher at the time of completion or by a teacher, who returned them directly to the researcher. On Ikaria, surveys were collected by visiting educators from the Cretan Animal Welfare Group at the time of completion and returned directly to the researcher. Surveys from Zakynthos were collected by teachers at the time of completion, delivered to the Zakynthos Animal Welfare Fund, and then returned to the researcher via mail.

Individual survey responses were compiled in an excel spreadsheet and analysed on aggregate as well as by location, age group, and gender (see Appendix B). Responses to question 15 (see Appendix C) and other qualitative responses were reviewed individually.

### **Response and Demographics**

Participation was voluntary and no schools or children declined to participate. All of the children surveyed responded and all responses were valid.

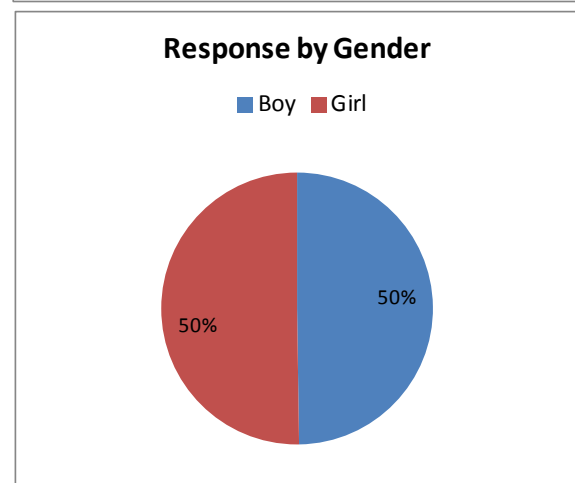
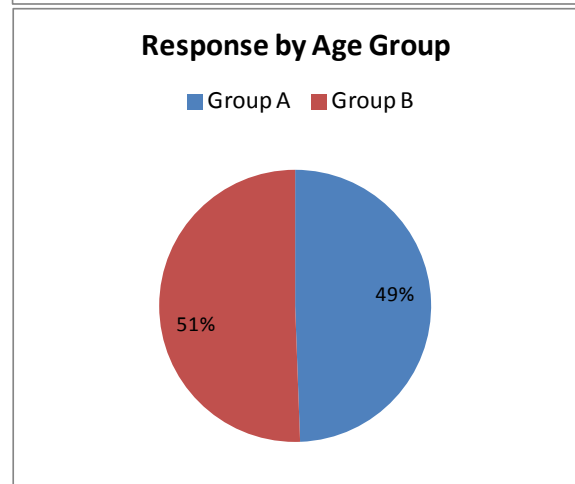
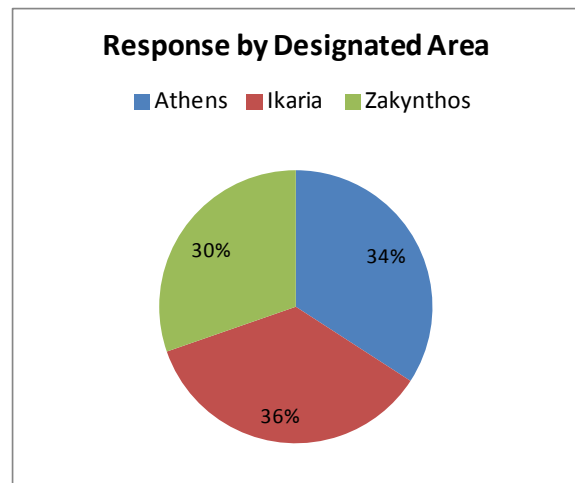
In total, 866 children from 18 schools participated. The charts, shown right, illustrate the breakdown of response by three dimensions of interest: Designated Area, Age Group, and Gender.

Designated Areas were chosen to reflect a range of communities in Greece in order to compare children’s attitudes towards companion animals by location.

The survey compared the responses between pupils in higher grades of primary school (Group A) and junior high school (Group B) students to ascertain any attitudinal disparity.

An equal level of response was received from girls and boys.

Gender is often found to be an important judge of attitudes toward animals. Several studies have found that gender is linked with attitudes toward animals among children and that girls are more inclined to empathise with animals than boys. (Heleski, Mertig, and Zanella 2004; Knight et al. 2004; Phillips and McCulloch 2005; Herzog and Golden 2009<sup>1</sup>). However, in this survey there was no statistically significant difference in the responses of girls and boys, therefore this aspect of analysis was not pursued.



## ***Survey Findings***

### **Attitudes toward Companion Animals (Dogs and Cats)**

There has been a considerable change in attitudes towards dogs and cats in Greece over the last ten years. In general, citizens' outlook has become more positive. The animal welfare movement has developed and numerous new societies have been founded comprising volunteers, who work tirelessly to improve the wellbeing of animals.

There are a sizeable number of websites in Greek addressing animal welfare issues. Facebook, a social networking site, is popular with individuals and animal welfare societies. Information concerning cruelty cases, incidents of poisoning, fund raising events, animals for adoption, campaigns and petitions is posted on a daily basis on various Facebook pages, raising awareness of issues. In addition, animal issues are regularly covered in the media and this may have assisted in creating a greater empathy towards animals.

Conversely, neglect is still commonly seen, especially within hunting and farming communities, where dogs are regarded as tools or disposable items. Furthermore, a number of citizens still look upon animals, particularly stray animals, as dirty and dangerous and use poison to eradicate them.

### **Response to Questions 1 to 4**

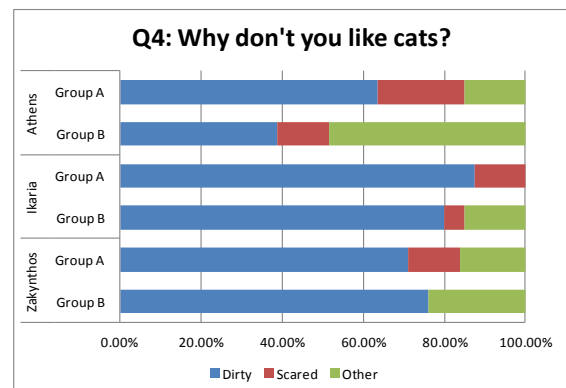
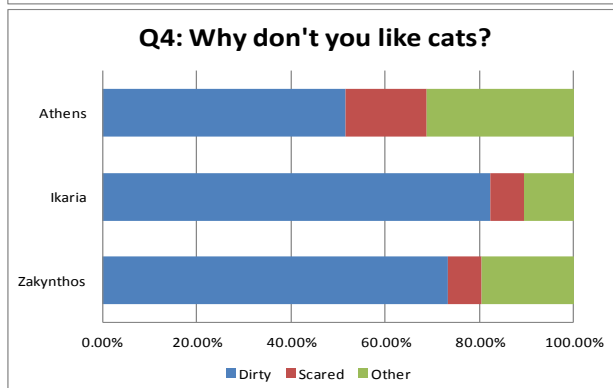
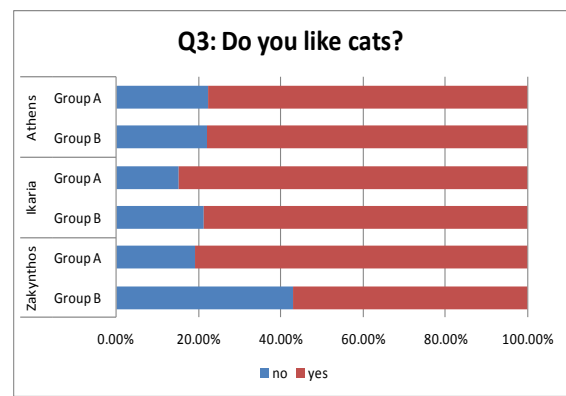
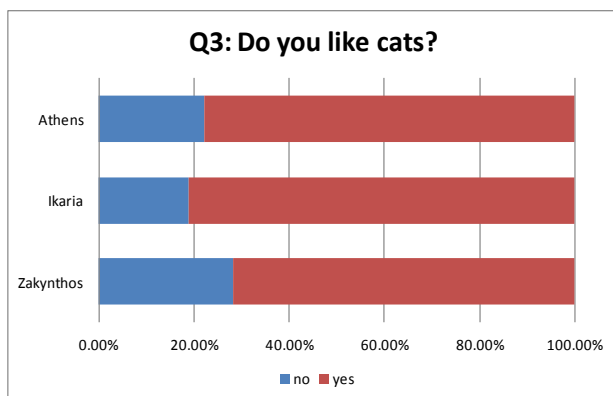
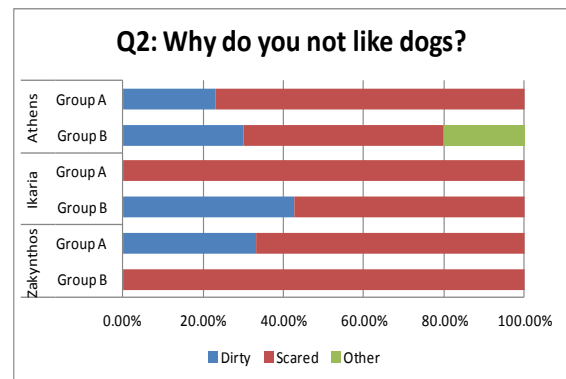
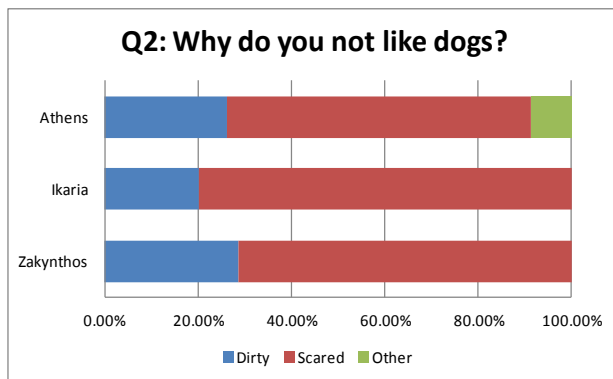
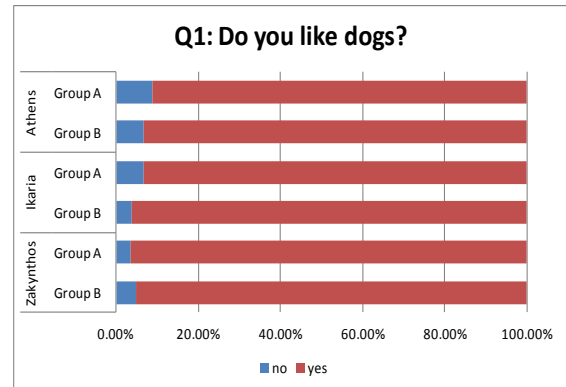
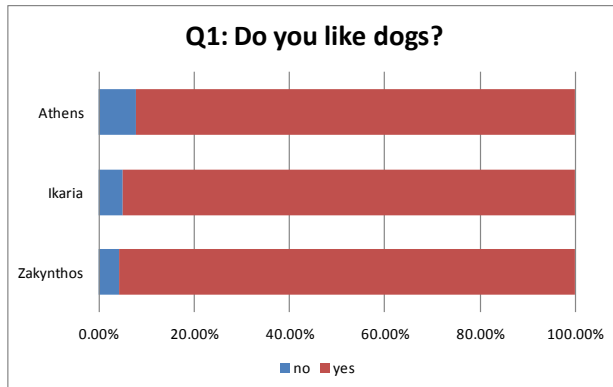
Answers to question 1 to 4 revealed a highly positive attitude towards dogs with 94.33% of all children surveyed stating that they liked dogs. There was just over 1% difference in the answers between group A and group B. Constructive comments were also made in question 15 (see appendix C), which showed empathy towards dogs.

There was little difference in the island responses, whereas in Athens, the number liking dogs was lower by 3.25%. A higher number of children on both islands have dogs (see response to question 9) and, therefore, more opportunities for social interaction with dogs than their counterparts in Athens. This may explain the differences between the children's attitudes.

The most common reason given by the 5.77% of respondents who indicated that they disliked dogs was fear (77.11%) followed by dogs being 'dirty' (24.44%). It is noteworthy that the majority of those children from group A, who expressed a dislike of dogs, cited fear as the reason (76.92%). This could be due, in part, to greater parental influence or fewer children having dogs as pets.

Cats proved to be far less popular than dogs with a higher percentage (22.86%) of all children surveyed expressing a dislike of cats. Reasons given for disliking cats included that they were 'dirty' (68.18%) and fear (10.8%), as well as perceived health risks and temperament (see Appendix C). Adjectives used to describe cats included horrible, disgusting, crafty, sick and wild.

Zakynthos had the highest negative response of the three designated areas. The disparity between groups A and B on Zakynthos, with a high number of group B and a smaller number of group A respondents indicating a dislike of cats, is notable. The data does not offer clear insight into the root of this difference.



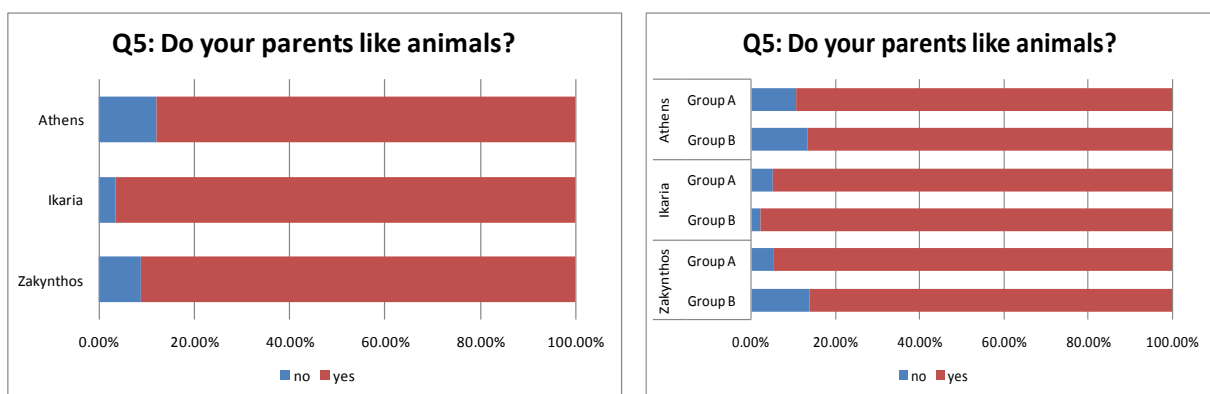


## Perception of Parent's Attitudes towards Animals

Interest in companion animals and pet ownership is a relatively new phenomenon in Greece.

91.94% of all children who responded believed that their parents like animals, with the greater Athens area (87.88%) lower than that from Ikaria (96.63%) and Zakynthos (91.22%).

Parental attitudes were reported from the child's perspective only. In hindsight, the question may have been too vague and could have produced a lower negative percentage than if the question had focused on attitudes towards dogs and cats. Many of the respondents from the islands come from a farming background and this may have influenced a positive response to the question.



## Perception of Health Issues from Animals in the Home

Many studies, beginning around the 1950s, have concluded that pet ownership is an important factor in health. Friedmann, Katcher, Lynch, and Thomas's study (as cited in <sup>2</sup>Headey, 1999) found that heart attack victims who own pets are more likely to survive the year following a heart attack than heart attack victims who do not own any pets. A British study completed by Serpell (as cited in Headey, 1999) gave non-pet owners a dog or cat to care for over a six to ten month period and found that within that time the non-pet owners' health and psychological well-being improved.

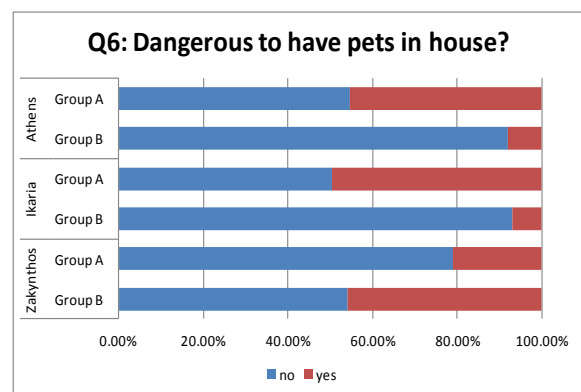
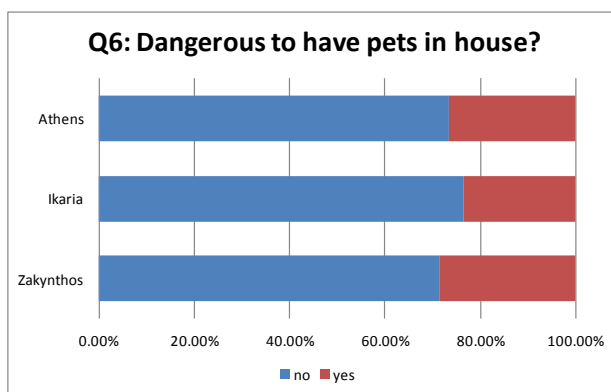
Several scientists have also recognised that pets seem to help adolescents with anger and stress management, and also to help adolescents with few familial resources. (<sup>3</sup>Bodmer, 1998; <sup>4</sup>Henselman, 2002; <sup>5</sup>Trienenbacker, 1998).

Anecdotal evidence in Greece indicates that there are many misconceptions regarding health issues (e.g. Toxoplasmosis). Animal welfare societies report that it is common to receive requests from pregnant women who would like their cats re-homed because they mistakenly believe them to pose a serious health risk.

## Response to Question 6

Response indicated that the majority of children (73.95%) did not believe that having pets inside the home was a health risk. Statistically there was only a small difference between response in the three areas (Athens 73.31%, Ikaria 76.55%, Zakynthos 71.37%). Paradoxically, comparing group results, groups A and B in Athens and on Ikaria were similar (around 50%), whereas on Zakynthos a far greater number (75%) in group A believed that it was acceptable to have companion animals living in the home whilst group B responses were 25% lower.

Consequently, the overall totals would indicate that attitudes are improving and it is considered acceptable to have a companion animal in the home.



## Experiences of Pet Ownership

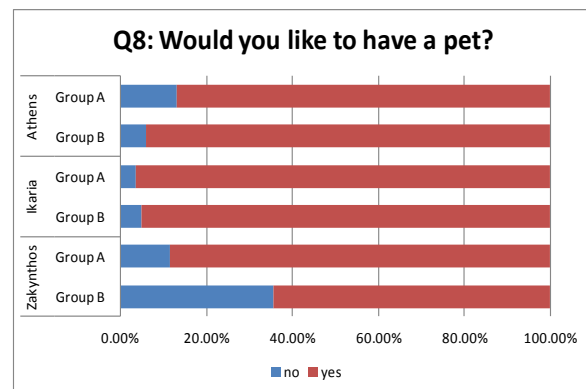
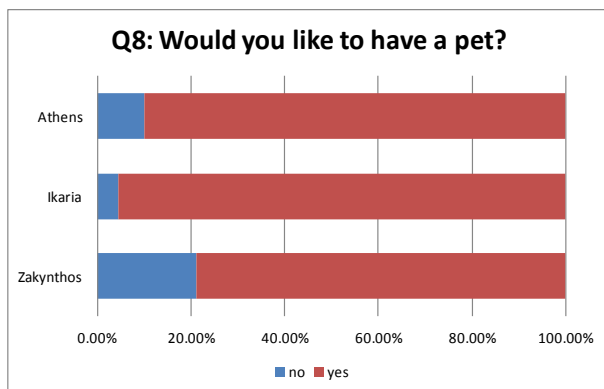
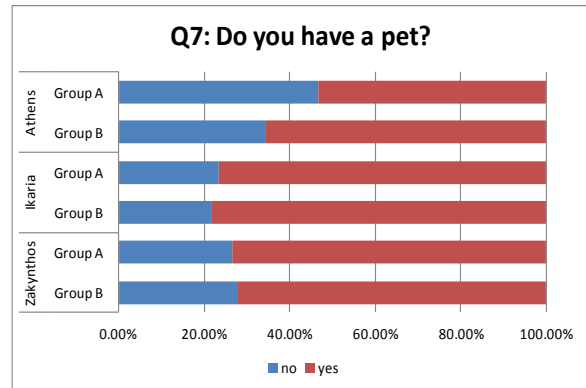
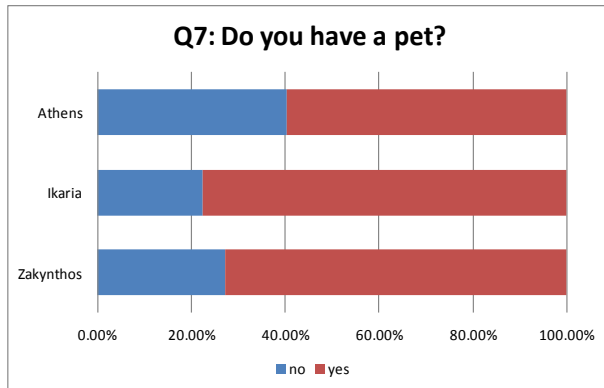
### Pet Ownership

The researcher is not aware of the existence of any reliable statistics regarding pet ownership in Greece. Pets have grown in popularity in Greece within the last decade. In particular it is fashionable to have a dog which is a breed. Furthermore, with rising crime figures, many families use dogs as a 'burglar alarm'. Children find animals appealing and parents are often persuaded to acquire a pet by their children.

A high percentage (69.98%) of the children surveyed had experience of pet ownership. As expected, pet ownership was lower in Athens (59.6%), a large urban area where many families are living in flats, in comparison to the two island communities (Ikaria 72.9%, Zakynthos 73.46%). While there was no statistically significant difference between the groups on Ikaria (group A 76.47%, group B 78.19%) and Zakynthos (group A 73.46%, group B 72%) figures from Athens revealed a lower number of pet owners in group A (53.8%) than group B. (59.6%).

When the non-pet owners were asked if they would like to have a pet, 88.46% answered in the affirmative.

In Athens group B were 7.16% more in favour of having a pet than group A, which is surprising, as usually it is believed that younger children have more affinity with pets. There was symmetry between the children from groups A and B wanting pets on Ikaria (group A 96.43% group B 94.12%). Zakynthos provided the most divergent response with group B showing, by far, the lowest percentage of 64.29% in favour, resulting in a lesser overall total of 78.87% of respondents wishing to have a pet.



## Pet Characteristics

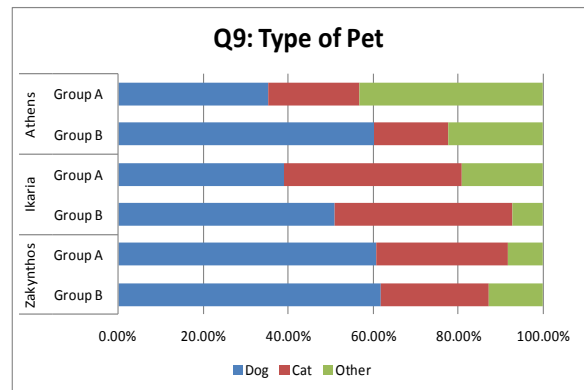
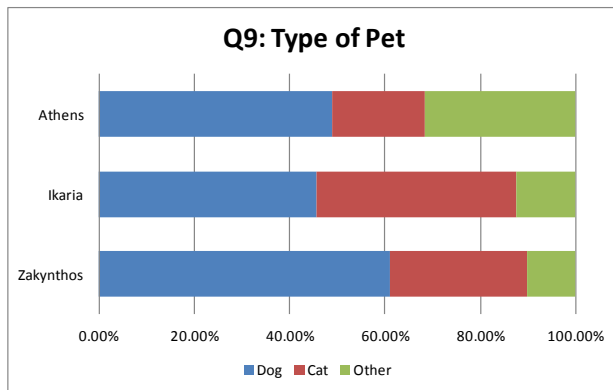
### Type of Pet

Dogs were the most popular pets in all designated areas (Athens 48.98%, Ikaria 45.71% and Zakynthos 61.09%). The difference in response by area could be explained by the high number of hunting dogs on Zakynthos.

A higher proportion of children on Ikaria owned cats (41.9%) than their counterparts in Athens (19.39%) and Zakynthos (28.79%). Many of the children on Ikaria came from multi-cat households and this could explain the difference in response by area.

Perhaps unsurprisingly, a greater number of children in Athens (31.63%) owned small pets e.g. birds, fish etc. in comparison to Ikaria (12.38%) and Zakynthos (10.12%). Figures were significantly higher in group A in Athens (43.18%) These children had at least double the amount of 'other' pets compared to any

other group (see Appendix C). Also notable was the level of multi-pet ownership on both islands compared to Athens.

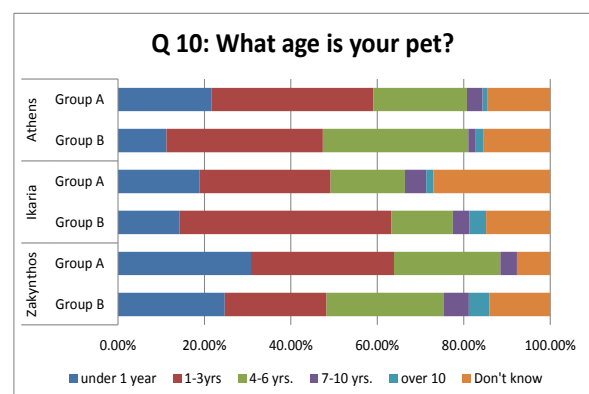
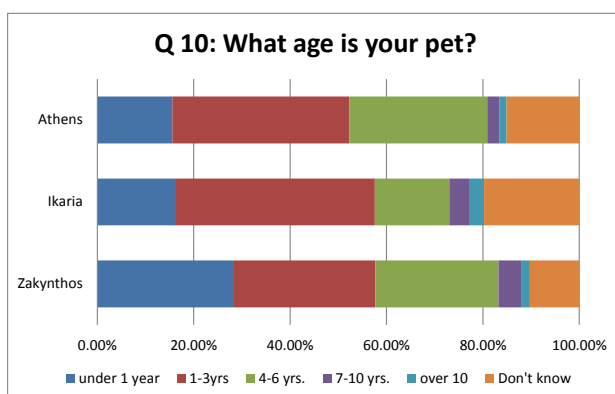


### Pet Age

The average life expectancy of a dog or cat is estimated at between 10/15 years. It was disturbing to find that, in all surveyed areas, the majority of pets were under four years old (Athens 52.56%, Ikaria 57.57%, Zakynthos 57.67%).

Approximately a quarter of the children stated that their pets were between four and seven years of age (Athens 28.64%, Ikaria 15.6%, Zakynthos 25.58%). The percentage of older animals, over 7 years of age, was exceptionally low (Athens 4.02%, Ikaria 7.24%, Zakynthos 6.51%)

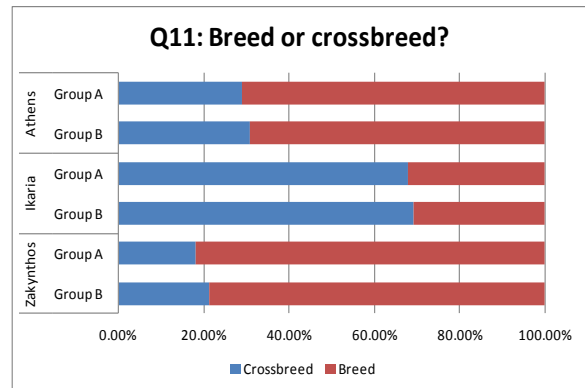
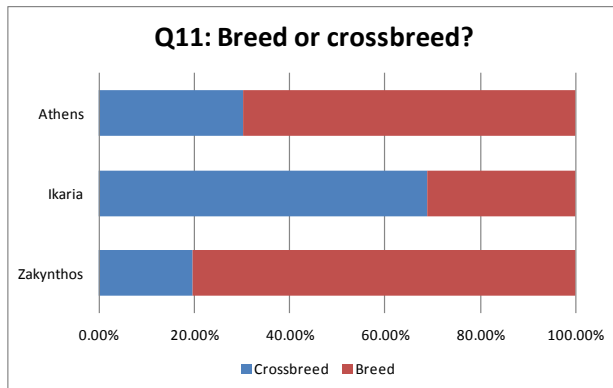
15.6% of respondents did not know what age their pet was and this impacts on the percentages. Subtracting the number of 'don't knows' and working with the remaining figures, the percentage of animals under four years of age rises significantly (Athens 61.54%, Ikaria 71.72%, Zakynthos 64.24%). The combination of high numbers of abandonment, incidences of poisoning and Leismanaisis may explain the high proportion of younger animals.



### Breed or crossbreed

There were statistical differences between the areas. Markedly, on Zakynthos 81.9% of the dogs were identified as breeds, a result which may be explained due to the children's fathers owning hunting dogs. 69.79% of the Athenian children answered that their dogs were breeds. The response was reversed on

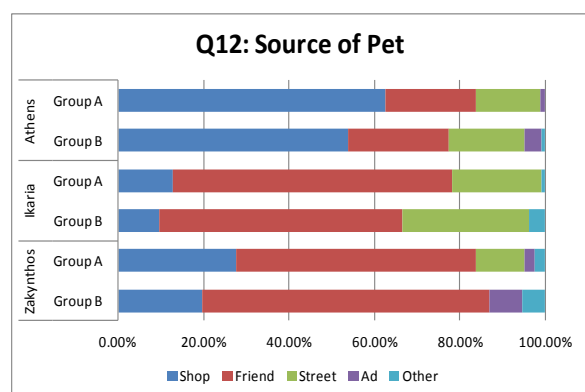
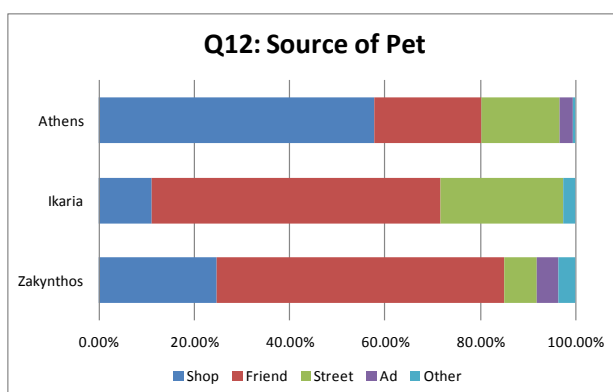
Ikaria with 30.77% of the children’s dogs described as breeds. When the survey was carried out on Ikaria, the children did not understand the words ‘breed’ and ‘crossbreed’ and this had to be explained in each class. There is no pet shop on the island selling dogs and this could account for the large proportion of crossbreeds.



### Source of Pet

The most common source of pets was from a friend (50%) followed by purchase from a pet shop (28.3%). Only 17.58% had adopted a stray. Adverts accounted for 2.12% and miscellaneous reasons 2.27% (see Appendix C).

Pets in Athens were more likely to be purchased from a pet shop (57.69%) in contrast to Ikaria (11.11%, Zakynthos 24.62%). There are numerous pet shops in Athens in contrast to Zakynthos with six and Ikaria that has no pet shop selling animals. It was more common for pets on both islands to be acquired from friends (Ikaria 65.32%, Zakynthos 60.3%). On Ikaria, adoption of a stray (25.81%) was much higher than in Athens (16.48%) and Zakynthos (7.04%), where no strays had been adopted by respondents in group B.



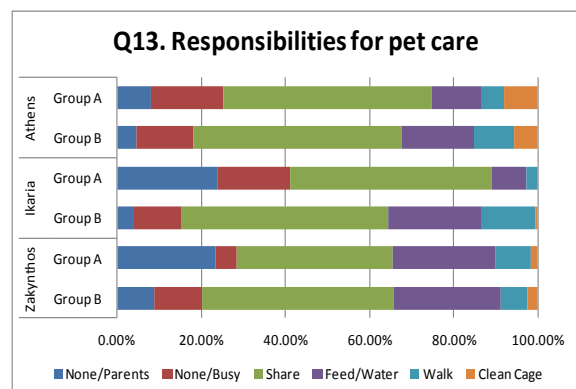
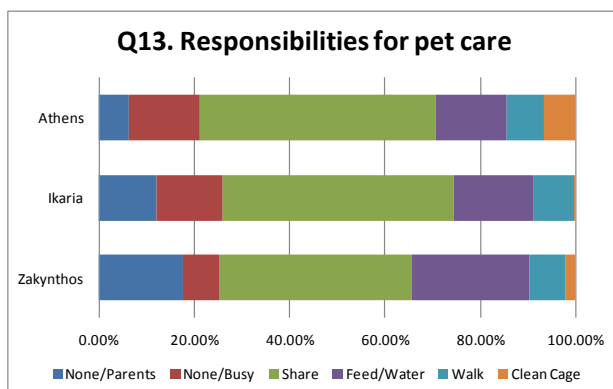
### Responsibilities for Pet Care

Considering the substantial amount of homework and studying that the children have to complete in Greece, it is surprising, but encouraging, that such a large percentage of the children indicated that they play an active role in looking after their pets.

A high proportion of the children (75.66%) were involved in looking after their pets. A high percentage shared the responsibilities with other family members (46.36%); while 18.6% indicated that they fed/watered their pets; 8.06% walked their dog; and 2.64% cleaned their pets' cages (birds etc.). The remainder of the children indicated that they were not responsible for caring for their pets. 12.9% answered, 'None, my parents look after it', whilst 12.25% maintained that, although they took no responsibilities for pet care, they would like to, but were too busy with school and friends.

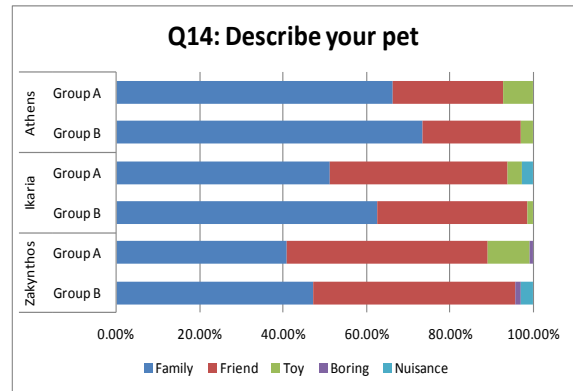
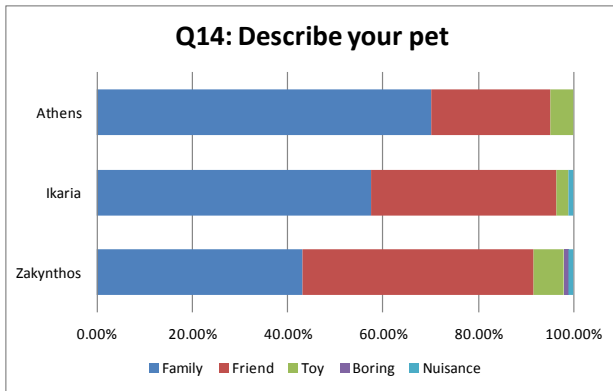
The variation between the total responses from the three areas was not significant. Although group A on both islands scored highly in not having responsibility for caring for their pets (Ikaria 41.28%, Zakynthos 34.39%), this was balanced out by lower percentages from group B in both areas (Ikaria 15.19%, Zakynthos 20.25%).

Several comments made in question 15 (see Appendix C) indicated that the concept of responsible pet ownership was understood by the children. The necessity for care was commonly mentioned with references to basics, such as food, water, and vaccinations, as well as having a caring attitude towards companion animals.



### Feelings towards Pet

When asked how they viewed their pets, positive response far outweighed the negative. The majority of children viewed their pets as friends or members of the family (Athens 95.03%, Ikaria 95.78%, Zakynthos 92.66%). A small percentage of children, mostly from group A, in all three areas regarded their pet as a toy. Approximately 1% of respondents from the two islands, and none from the greater Athens area, regarded their as boring or a nuisance.



Comments made in response to question 15 (see Appendix C) revealed that a close bond between the children and their pets. A number of children mentioned the psychological lift that their pets gave them when they were sad or lonely. Many declared that they loved their pets and considered them as their best friends. Furthermore, various comments indicated that the children felt strongly about abandonment and were fully aware of their obligations towards their pets.

### Conclusions

All in all, the findings were encouraging with results consistently showing that the children responding empathise with animals. Many of the comments made demonstrated the companion animal bond, which relates to the strong attachments that children have towards their pets and the manner in which pets are perceived as a source of emotional support.

It is widely held that the population in urban areas is more likely to be concerned about animal welfare issues, as compared with the population in rural areas. Broadly speaking, the greater awareness of and compassion towards animals in urban communities can be evidenced by the larger number of people who feed strays and report incidences of cruelty and neglect. Nonetheless, a significant finding of this study is that the younger generation, both urban and rural, is equally concerned about matters of animal welfare. This is a positive indication for the future of animal welfare.

Although almost all of the children liked dogs, almost a quarter expressed a strong dislike of cats. Therefore, raising the status of cats should be a priority in future education programmes.

Adoption rates of stray animals were very low. Given the high number of stray dogs and cats that animal welfare organisations and animal shelters are seeking to home, it is imperative that adoption be promoted in humane education programmes. Children need to be made aware that there are many congenital problems associated with breeds and that adopting a dog or taking a crossbreed can be as positive and rewarding as having a breed dog, not to mention, a moral contribution towards animal welfare.

It was evident that old fashioned ideas regarding animals in the house were unacceptable to the majority of the children and this gives us hope that future generations will not accept animals living solely on balconies or in gardens.

It was disturbing to see that the vast majority of companion animals were less than four years of age. Reasons for this were not evident in the survey results but could be linked to abandonment, the high instances of poisoning, failed hunting dogs, lack of veterinary attention, especially in multi pet households and common diseases seen in Greece (e.g. Leishmaniosis and tick borne diseases). This aspect of the study could be the subject of further investigation.

There was only a slight difference in most of the answers between age groups with children in both groups showing compassion towards animals. In their responses to question 15, group B children tended to have more mature outlooks and remarked on abandonment, neutering and stray animal issues. It is commonly believed that younger children are more receptive and most humane education is taught to primary school children. This study shows that junior high school children do care and are interested in animal topics. Consequently, it would be beneficial if they had greater exposure to humane education programmes.

Empathy towards animals appeared to be more strongly developed through direct experience of pet ownership with rural respondents liking companion animals more than urban respondents.

As far as the researcher is aware, this study is a pioneering initiative and no similar studies have been carried out in Greece. Moreover, there is an absence of data relating to pet ownership and people's attitudes towards animals or stray animal populations. This study has revealed a number of interesting facts and can be used as a baseline for future studies in Greece.



# Appendices

## **Appendix A: Sample Survey**

- 1) Do you like dogs?(Y/N)
- 2) If you answered no to question 1, you don't like dogs because:  
A) They are dirty B) You are scared of them C) Other, please explain
- 3) Do you like cats? (Y/N)
- 4) If you answered no to question 3, you don't like cats because:  
A) They are dirty B) You are scared of them C) Other, please explain
- 5) Do your parents like animals? (Y/N)
- 6) Do you think that it is dangerous to your health to have a pet living inside the house? (Y/N)
- 7) Do you have a pet? (Y/N)
- 8) If you answered no to question 7, would you like to have a pet? (Y/N) If you don't have a pet, go to question 15
- 9) What kind of pet do you have? (Dog/Cat/Other)
- 10) What age is your pet?
- 11) If you have a dog, what kind of dog do you have? (Breed/Mixed)
- 12) Where did you get your pet from? A) Pet shop B) Friend C) Street  
D) Newspaper advertisement E) Other, please explain
- 13) What responsibilities do you have for caring for your pet?  
A) None, my parents look after it B) None, I would like to look after it, but I am too busy with school and my friends C) I share the responsibilities with my family D) Feeding and watering E) Walking my dog F) Cleaning my pet's cage (e.g. hamster/bird)
- 14) How would you describe your pet?  
A) A member of your family B) A friend C) Something to play with  
D) Boring E) A nuisance
- 15) Any other comments on pets or pet ownership.

## Appendix B: Summary of Results

### Q1: Do you like dogs?

Area/group	no	yes	Grand Total
<b>Athens</b>	<b>23</b>	<b>274</b>	<b>297</b>
Group A	13	135	146
Group B	10	139	149
<b>Ikaria</b>	<b>15</b>	<b>292</b>	<b>307</b>
Group A	8	111	119
Group B	7	181	188
<b>Zakynthos</b>	<b>11</b>	<b>251</b>	<b>262</b>
Group A	6	156	162
Group B	5	95	100
<b>Grand Total</b>	<b>49</b>	<b>815</b>	<b>866</b>

### Q2: If you answered no, why?

Area/group	Dirty	Scared	Other	Grand Total
<b>Athens</b>	<b>6</b>	<b>15</b>	<b>2</b>	<b>23</b>
Group A	3	10	0	13
Group B	3	5	2	10
<b>Ikaria</b>	<b>3</b>	<b>12</b>	<b>0</b>	<b>15</b>
Group A	0	8	0	8
Group B	3	4	0	7
<b>Zakynthos</b>	<b>2</b>	<b>5</b>	<b>0</b>	<b>11</b>
Group A	2	4	0	6
Group B	0	1	0	5
<b>Grand Total</b>	<b>11</b>	<b>32</b>	<b>2</b>	<b>49</b>

### Q3: Do you like cats?

Area/group	No	yes	Grand Total
<b>Athens</b>	<b>66</b>	<b>231</b>	<b>297</b>
Group A	33	115	148
Group B	33	116	149
<b>Ikaria</b>	<b>58</b>	<b>249</b>	<b>307</b>
Group A	18	101	119
Group B	40	148	188
<b>Zakynthos</b>	<b>74</b>	<b>188</b>	<b>262</b>
Group A	31	131	162
Group B	43	57	100
<b>Grand Total</b>	<b>198</b>	<b>668</b>	<b>866</b>

#### Q4: If you answered no, why?

Area/Group	Dirty	Scared	Other	Grand Total
<b>Athens</b>	<b>33</b>	<b>11</b>	<b>20</b>	<b>66</b>
Group A	21	7	5	35
Group B	12	4	15	31
<b>Ikaria</b>	<b>46</b>	<b>4</b>	<b>6</b>	<b>58</b>
Group A	14	2	0	18
Group B	32	2	6	40
<b>Zakynthos</b>	<b>41</b>	<b>4</b>	<b>11</b>	<b>74</b>
Group A	22	4	5	31
Group B	19	0	6	43
<b>Grand Total</b>	<b>120</b>	<b>19</b>	<b>37</b>	<b>198</b>

#### Q5: Do your parents like animals?

Area/Group	No	yes	Grand Total
<b>Athens</b>	<b>36</b>	<b>261</b>	<b>297</b>
Group A	16	132	148
Group B	20	129	149
<b>Ikaria</b>	<b>10</b>	<b>297</b>	<b>307</b>
Group A	6	113	119
Group B	4	184	188
<b>Zakynthos</b>	<b>23</b>	<b>239</b>	<b>262</b>
Group A	9	153	162
Group B	14	86	100
<b>Grand Total</b>	<b>69</b>	<b>787</b>	<b>866</b>

#### Q6: Dangerous to have pets in the house?

Area/group	No	yes	Grand Total
<b>Athens</b>	<b>218</b>	<b>79</b>	<b>297</b>
Group A	82	67	149
Group B	136	12	148
<b>Ikaria</b>	<b>235</b>	<b>72</b>	<b>307</b>
Group A	60	59	119
Group B	175	13	188
<b>Zakynthos</b>	<b>167</b>	<b>67</b>	<b>262</b>
Group A	128	34	162
Group B	48	42	100
<b>Grand Total</b>	<b>619</b>	<b>218</b>	<b>866</b>

### Q7: Do you have a pet?

Area/group	No	yes	Grand Total
<b>Athens</b>	<b>120</b>	<b>177</b>	<b>297</b>
Group A	69	79	148
Group B	51	98	149
<b>Ikaria</b>	<b>69</b>	<b>238</b>	<b>307</b>
Group A	28	91	119
Group B	41	147	188
<b>Zakynthos</b>	<b>71</b>	<b>191</b>	<b>262</b>
Group A	43	119	162
Group B	28	72	100
<b>Grand Total</b>	<b>260</b>	<b>606</b>	<b>866</b>

### Q8: Would you like to have a pet?

Area/group	No	yes	Grand Total
<b>Athens</b>	<b>12</b>	<b>108</b>	<b>120</b>
Group A	9	60	69
Group B	3	48	51
<b>Ikaria</b>	<b>3</b>	<b>66</b>	<b>69</b>
Group A	1	27	28
Group B	2	39	41
<b>Zakynthos</b>	<b>15</b>	<b>56</b>	<b>71</b>
Group A	5	38	43
Group B	10	18	28
<b>Grand Total</b>	<b>30</b>	<b>230</b>	<b>260</b>

### Q9: Type of pet

Row Labels	Dog	Cat	Other	Grand Total
<b>Athens</b>	<b>96</b>	<b>38</b>	<b>62</b>	<b>196</b>
Group A	31	19	38	88
Group B	65	19	24	108
<b>Ikaria</b>	<b>144</b>	<b>132</b>	<b>39</b>	<b>315</b>
Group A	53	57	26	136
Group B	91	75	13	179
<b>Zakynthos</b>	<b>157</b>	<b>74</b>	<b>26</b>	<b>257</b>
Group A	94	48	13	155
Group B	63	26	13	102
<b>Grand Total</b>	<b>397</b>	<b>244</b>	<b>127</b>	<b>768</b>

## Q10: Age of pet

Area/group	under 1 year	1-3yrs	4-6 yrs.	7-10 yrs.	over 10	Don't know	Grand Total
<b>Athens</b>	<b>31</b>	<b>73</b>	<b>57</b>	<b>5</b>	<b>3</b>	<b>30</b>	<b>199</b>
Group A	18	31	18	3	1	12	83
Group B	13	42	39	2	2	18	116
<b>Ikaria</b>	<b>49</b>	<b>126</b>	<b>47</b>	<b>13</b>	<b>9</b>	<b>60</b>	<b>304</b>
Group A	23	37	21	6	2	33	122
Group B	26	89	26	7	7	27	182
<b>Zakynthos</b>	<b>61</b>	<b>63</b>	<b>55</b>	<b>10</b>	<b>4</b>	<b>22</b>	<b>215</b>
Group A	40	43	32	5	0	10	130
Group B	21	20	23	5	4	12	85
<b>Grand Total</b>	<b>141</b>	<b>262</b>	<b>159</b>	<b>28</b>	<b>16</b>	<b>112</b>	<b>718</b>

## Q11: Breed or Crossbreed

Area/group	Crossbreed	Breed	Grand Total
<b>Athens</b>	<b>29</b>	<b>67</b>	<b>96</b>
Group A	9	22	31
Group B	20	45	65
<b>Ikaria</b>	<b>99</b>	<b>45</b>	<b>144</b>
Group A	36	17	53
Group B	63	28	91
<b>Zakynthos</b>	<b>27</b>	<b>130</b>	<b>157</b>
Group A	17	77	94
Group B	10	53	63
<b>Grand Total</b>	<b>155</b>	<b>242</b>	<b>397</b>

## Q12: Source of pet

Area/Group	Shop	Friend	Street	Ad	Other	Grand Total
<b>Athens</b>	<b>111</b>	<b>47</b>	<b>31</b>	<b>6</b>	<b>1</b>	<b>196</b>
Group A	53	20	13	2	0	88
Group B	58	27	18	4	1	108
<b>Ikaria</b>	<b>34</b>	<b>185</b>	<b>89</b>	<b>0</b>	<b>7</b>	<b>315</b>
Group A	18	85	31	0	1	136
Group B	16	100	58	0	6	179
<b>Zakynthos</b>	<b>75</b>	<b>146</b>	<b>17</b>	<b>12</b>	<b>7</b>	<b>257</b>
Group A	47	82	17	6	3	155
Group B	28	64	0	6	4	102
<b>Grand Total</b>	<b>220</b>	<b>378</b>	<b>137</b>	<b>18</b>	<b>15</b>	<b>768</b>

### Q13: Responsibilities for pet care

Area/Group	None/Parents	None/Busy	Share	Feed/Water	Walk	Clean Cage	Grand Total
<b>Athens</b>	<b>11</b>	<b>27</b>	<b>88</b>	<b>26</b>	<b>14</b>	<b>11</b>	<b>177</b>
Group A	7	14	38	9	5	6	79
Group B	4	13	50	17	9	5	98
<b>Ikaria</b>	<b>26</b>	<b>29</b>	<b>122</b>	<b>41</b>	<b>19</b>	<b>1</b>	<b>238</b>
Group A	22	13	46	8	2	0	91
Group B	4	16	76	33	17	1	147
<b>Zakynthos</b>	<b>34</b>	<b>13</b>	<b>77</b>	<b>49</b>	<b>14</b>	<b>4</b>	<b>191</b>
Group A	28	6	44	29	10	2	119
Group B	6	7	33	20	4	2	72
<b>Grand Total</b>	<b>71</b>	<b>69</b>	<b>287</b>	<b>116</b>	<b>47</b>	<b>16</b>	<b>606</b>

### Q14: Describe your pet

Area/Group	Family	Friend	Toy	Boring	Nuisance	Grand Total
<b>Athens</b>	<b>125</b>	<b>43</b>	<b>9</b>	<b>0</b>	<b>0</b>	<b>177</b>
Group A	53	20	6	0	0	79
Group B	72	23	3	0	0	98
<b>Ikaria</b>	<b>138</b>	<b>91</b>	<b>6</b>	<b>0</b>	<b>3</b>	<b>238</b>
Group A	47	37	4	0	3	91
Group B	91	54	2	0	0	147
<b>Zakynthos</b>	<b>82</b>	<b>93</b>	<b>12</b>	<b>2</b>	<b>2</b>	<b>191</b>
Group A	48	58	12	1	0	119
Group B	34	35	0	1	2	72
<b>Grand Total</b>	<b>345</b>	<b>227</b>	<b>27</b>	<b>2</b>	<b>5</b>	<b>606</b>

### Appendix C: Qualitative Responses

#### Question 2C: Why do you not like dogs?

##### Area Age Group Answer

Athens Group B They need much work  
 Ikaria Group A Like dogs but scared of them

#### Question 4C: Why do you not like cats?

##### Area Age Group Answer

Athens Group A They are naughty  
 Athens Group A They are horrible  
 Athens Group A They aren't friendly  
 Athens Group A They are disgusting  
 Athens Group A I am allergic to them

Athens	Group B	Dirty and scary
Athens	Group B	Not as friendly as dogs
Athens	Group B	Not friendly
Athens	Group B	I hate them
Athens	Group B	They are not friendly, don't like their claws
Athens	Group B	Don't like their claws
Athens	Group B	I can't trust them
Athens	Group B	They are wild animals
Athens	Group B	They aren't friendly cats love freedom and can leave the house
Athens	Group B	They make a mess
Ikaria	Group A	They scratch you
Ikaria	Group A	They are not friendly
Ikaria	Group B	They have germs and you can't have babies
Ikaria	Group B	They are wild
Ikaria	Group B	Not explained
Ikaria	Group B	They are stupid
Ikaria	Group B	Don't have a heart like dogs
Ikaria	Group B	My brother and mother got ill from a cat
Zakynthos	Group A	They scratch
Zakynthos	Group B	I just don't like them
Zakynthos	Group B	They scratch
Zakynthos	Group B	Don't like them near me
Zakynthos	Group B	Just don't like them
Zakynthos	Group B	They are crafty
Zakynthos	Group B	Cats carry germs
Zakynthos	Group B	They are not loyal and friendly like dogs
Zakynthos	Group B	They are sick
Zakynthos	Group B	People can be allergic to them
Zakynthos	Group B	They scratch and aren't friendly

**Question 9: What kind of pet do you have – Other?**

Area	Athens		Ikaria		Zakynthos	
Type of Pet	Group A	Group B	Group A	Group B	Group A	Group B
Bird/Canary/Parrot	13	4	2	5	1	3
Chicken/Hen	0	0	2	0	2	0
Fish	4	6	1	2	1	4
Goat	0	0	3	0	0	1
Hamster	4	3	0	1	0	0
Hare	0	0	1	2	0	0
Hedgehog	0	0	0	0	1	0
Horse	1	0	0	0	2	0
Iguana	0	1	2	1	2	0
Pigeon	0	0	0	0	1	0
Piglets	0	0	2	0	0	0
Rabbit	10	3	4	1	2	3
Snake	0	0	0	0	0	1
Squirrel	0	0	4	1	1	1
Tortoise/Turtle	6	7	5	0	0	0

**Question 12: Where did you get your pet from – Other?**

Area	Age Group	Answer
Athens	Group A	Rescued ill and taken to vet
Athens	Group B	Gift
Ikaria	Group B	Relation
Ikaria	Group B	Gift
Ikaria	Group B	Relation (Uncle)
Ikaria	Group A	Cat just arrived
Zakynthos	Group A	Gift
Zakynthos	Group A	Relative
Zakynthos	Group A	Cat arrived by itself

**Question 15: Any other comments.**

**Group A - Athens**

**Comment**

A person must be sure to want a dog and the reason he wants it for

Animals are important to us. We need to look after them

Animals especially dogs are the best friends. They are wonderful animals and we should take care of them like a child. We should show them love and tenderness

Dogs can protect us from strangers

Having a pet is a good idea but you have to look after them

I like playing with animals



I love all animals  
I love all my pets and take care of them  
I love my dog. When I am sad I talk to her  
I love my pet rabbit. I would feel empty if I was to lose her  
I really like playing with my dog. They are very friendly and beautiful  
I think pets are our best friends  
I think that it is really important to have your pet like a member of your family  
and not just a toy which you play with when you are bored  
I think that pet owners should think better before they decide to buy a pet  
I think they must have a house with a big garden  
I want to be a vet when I grow up  
I would like to have a dog but I am too busy at the moment  
It is very sweet and a good friend  
Its a lot of hard work but animals are cute and beautiful  
My aunt saved a tortoise in a forest fire. He lives with us  
My bird is super  
My mother says my hamster is her son  
Pets and owners are family  
Pets are our friends  
Protect all the animals  
Some pets are friendly with all people  
Sometimes when she is sad I don't know why and I try to think what she wants  
The pets in the house are nice and they help people  
They are better than people. People are bad and pets are good  
We must all love animals  
We must love and help the animals  
We must protect the pets and if, we cant take care of them, we mustn't buy  
them  
We mustn't beat them  
You must love your pet  
People must take responsibility for their animals  
I like dogs because they are wonderful pets. I like cats because they are very  
playful  
People should look after them and not kick them on the streets  
You have to think twice before having a pet. Abandoning them is worse than not  
taking a pet  
I think everyone should take care of their pets  
Give them all your love  
Animals are beautiful, clever, active and sensitive  
I love my pet  
My cat lives to sleep  
I have a big black dog and it's very friendly  
All the pets are necessary

## **Group A - Ikaria**

Animals are our friends

Animals are our friends. When I am sleeping my cat sleeps on my pillow

I don't have a pet but I like animals

I like having a cat as a pet

I like pets and would like to have one

I like pets very much and would like to have more pets

I love animals very much

I love dogs very much

I love my cat and turtle very much and I believe that I will never be separated from them

I love my dog and cat and never want anything to happen to them

I would like a dog but my parents don't like animals

If you have a pet, you must never abandon it because it is dangerous for them

In general, I like animals. You can play together with a dog

Its a big responsibility having a squirrel as a pet

My dog is my friend and I love it

My dog licks me all the time. Its like a sister to me

Pets are very sweet. They become friends of your family immediately. They are peoples best friend

Pets are very sweet. You can play and take care of them I love them very much

Pets aren't wild and sometimes they can help with the goats

They are a little dirty but great to play with

My pets are my friends

Save the animals

When my dog died, I was very sad

My puppy is beautiful

Pets have a heart just like us

Pets are good company

I love looking after my pet

Sometimes people can be bad to animals and I don't like that

I love all animals

My favourite animals are dogs

Never be bad to an animal

I want to have lots of pets

Some birds are very clever and can talk like us

My cat is very happy to have a good family

Pets need a lot of care every day

There are a lot of cats in my village and they don't have homes

My family have chickens and they give us lots of eggs

I love all animals

Protect the pets

My dog is like a sister

I love watching my fish swim

My dog waits for me coming home from school

I want more pets

Why are some people bad to animals?  
My dog is great company and I love her very much  
I love pets and wish that I could have more  
Dogs are nicer than cats  
Every family must have a pet  
My dog is my best friend  
My dog understands what I say  
I love dogs but sometimes I am scared of them  
I would love to have a horse  
I like pets and wish that I had one

### **Group A - Zakynthos**

I am very happy to have a pet. Its great company and good to look after  
I like dogs because they are very good  
I love animals because they are very playful  
I love my dog a lot  
I love my pet  
I love pets because they are playful and sometimes they make me laugh  
I would like to have a pet but they can be a little dirty and you need to bath and brush them etc.  
It's good to have a pet because its like having a friend  
Owning a pet is a wonderful thing  
Parrots are happy  
Pets give you lots of happiness  
We must take care of our pets because they have life  
When I see my pet, I feel love  
Animals are very friendly and I love them  
Animals need care, food, water and protection  
Dogs need care and walks every day  
Don't be bad to the stray animals  
For me pets are like friends. Animals need care  
Having animals is the best thing  
I adore animals but sometimes they can be mischievous  
I am happy to have a pet  
I am happy to have pets because I believe that they are good friends  
I am very happy to have a beautiful dog  
I am very lucky to have a very beautiful dog  
I believe my dog is my best friend  
I believe that all the animals should have a home because its their right  
I believe that we all should have a pet because the animals must have a home and family and because animals have feelings  
I don't like dogs at all because they bark  
I like animals because you can play with them

I like dogs because they are very good friends  
I like pets very much because you can play with them  
I love all animals. They are like a member of your family  
I love animals  
I love animals a lot and would like to have a snake  
I love animals and everyone should have one  
I love animals and for that reason, I predict that I will take more  
I love animals and have a dog, cat, hamster and turtle  
I love animals and I think of them as friends to play with  
I love animals and I would like to have a pet  
I love animals and want to take more  
I love animals and would like to have a pet  
I love animals because if you don't have a friend, they are your friend and that is beautiful  
I love animals but they can be a nuisance when they bark  
I love animals very much  
I love animals very much  
I love animals very very much  
I love my cat  
I love my dog  
I love my dog very much  
I love my dog very much and don't want to lose him  
I love my dog very much. Its my friend and I look after it  
I love my dog. It is a guard for our house  
I love my pet  
I love my pet very much  
I love my pet very much because its like a second brother  
I love my pets and they are family members  
I love pets  
I love pets but they are difficult to look after  
I love pets. They are easy to look after  
I love pets. They are good company  
I play with my pet as much as I can  
I think of my dog like a brother  
I would like an animal friend  
It would be wonderful to have a pet  
Its great to have a pet  
My dog is a good guard and my best friend  
My family can't have a pet because my brother is allergic to animals  
Pets are the best but sometimes I am bored with them  
Pets are very playful and wild  
Pets need care, food, water and protection  
Pets need food, water and a house  
The chickens are like play things

The owned animals are wonderful things  
When you are alone, they are good company  
You are happy when you have a pet

### **Group B - Athens**

Animals are friendly  
I don't have a dog, but I would love to have one because I love dogs  
I hope animals in Greece will have a better future  
I love all animals  
I love all animals but my favorite animal is the dog  
I love my dog as part of my family  
I love my dog. I take care of him. I like helping animals because they need it  
I love my kitty  
I love my pet and I will love it forever  
I love my pets very much and I want to have them with me forever. Everyone should love their pets  
I love my pretty pet  
I love pets and I would like to have a dog in the future  
I really love pets and I love them more than myself  
I think pets are the best friends of everyone  
I think pets; especially dogs are more than a friend. They are something you can talk to, play with them and personally, when I feel lonely, I would love to have a dog (girl with cat birds and turtles)  
I think that a pet is a big responsibility  
I think that the pets are a member of everybody's family  
I want a Chow-chow dog  
I want to have a pet  
If you want to get an animal, you have to be responsible  
It's better to have a pet because it teaches you how to love and protect  
It's better to have a pet if you are a responsible owner  
It's nice to have a pet because it's like having a good friend  
It's nice to have a pet, but it's not good fun for them  
It's small (fish) but it's my best friend  
My dog died 2 months ago  
My puppy is beautiful and smart  
My rabbit is very sweet and I am happy when I play with it  
Pets are more clever than their owners  
Pets are very nice but I don't like them very much  
Pets are wonderful. Look after them  
Pets, especially dogs are like humans, but they need our help to survive  
Respect the animals  
Save the street animals  
The fact that we have a pet, doesn't mean to say that we own its life  
They are good friends and they are good company  
They are so lovely! I've always wanted to have a pet  
They are very good and trustful friends  
They helped me a lot psychologically when I needed help (15 year old boy with 2

dogs and 1 rabbit 17 yr. old dog 2 yr. old dog)

### **Group B - Ikaria**

A pet inside the house is a good friend. It's a family member. You can play with it, love it and you must take good care of it

A pet needs care and company

Although the animals don't have the same language as us, they are loyal friends

Dogs are the best friend of people

I believe that it is something wonderful to have a pet. It's not just a friend that you have a good time with but an important member of the family

I like animals very much and I believe they offer us their love

I love Labradors and when I am older, I would like one for my family

I would like very much to have a dog because I believe that a dog is a loyal friend of people

If you have a pet you must love it

It's great to have a pet

Pets are great company and help you exercise. They are the best friend of people. Everyone should love animals

When you are blind, they can help you and they are a good friend

When you have a pet it shows you have feelings and love

You must always be busy with looking after an animal

In my opinion if you have a dog you must love and care for it

A pet is a friend

A pet is very important for a person because apart from being company, it can help a blind person

Animals are peoples best friend

Animals are the best friend for people

Animals need love

Dogs are the sweetest animals

I love animals and I believe that if you have an animal you must care for it and love it

I believe that pets need a lot of care and not cruelty

I have 7 cats. My love is 2 years old. They are our children. They know their names, they don't steal food from each other, they listen to me and they never try to go into the house

I like dogs and dolphins very much

I like pets

I like to have pets and spend time with them

I love my dog very much and I take him out for walks often

I love my dog very much. He is great fun

If you have a pet you must be responsible

It is wonderful to have a pet because you can play together and it can help you

It's difficult to look after a pet because they need a lot of care

It's good to have a pet

It's great having a pet

It's great to have a pet but you must take care of them

It's great to have a pet for company but you must love and care for them

My dog is my best friend

My dog is my friend and I love her  
Pets are friends and good company. It's great to have a pet  
Pets are great friends of people  
Pets are the best friends of people  
Pets are very good friends and they can help people in many ways  
Pets give us a lot of help in our lives  
They are the best friends of people. You must adore them and take care of them  
They give people a lot of love, but I don't like it when they bark  
When you have a problem, they can help you

### **Group B - Zakynthos**

From the moment that a person becomes a pet owner, they are obliged to care for their pet.  
If you love animals, care for them and understand their needs, you are a better person  
Love the dogs no matter whether they have a home or they are strays  
When parents are working, the dog can look after you giving you a lot of pleasure  
Dogs need care, food and vaccinations  
It is a beautiful thing to care for a pet  
I would like to have a small dog in the house because I have a big dog that lives outside  
Sometimes I get bored with them but other times they help me pass the time  
Pets are all very, very beautiful and good  
I would like to have a pet because I like animals  
You must always care for your pet and never abandon it  
My pet is like a toy. When I am with it and I feel unhappy, it always makes me feel better  
I would like a pet because I love animals  
I like to have lots of pets and I enjoy looking after them  
Dogs understand you  
We must love animals and look after them  
I love pets just like I love my friends  
My dog is huge, like a big bear, and is lots of fun. My goldfish likes to swim in his bowl  
Dogs are good guards and they have feelings  
My pet is a great friend and I member of my family  
Protection of animals is important  
I love my pet  
I believe that pets need care  
Having a pet is a big responsibility and if you can't care for it, don't take a pet  
I would just like to say that I love animals very much  
I love animals and am very proud and happy to have a dog  
I see pets as my small friends and I feel that they understand better than people  
I think that we must love and care for animals  
Most of the pets are interesting  
We must love animals because they have a life too. They are worthy of a little care

We must all care for the animals and we shouldn't profit from them  
I love and care for my cat  
I would like very much for everyone to love and care for animals. I LOVE ANIMALS VERY MUCH  
I believe that everyone should have a pet  
Although I don't have a pet, I believe that it is a great thing to have one but you must love and protect them. The stray dogs need care as well  
I don't have much to do with my pet but consider it as a member of my family  
Animals are wonderful  
My cat is sweet and I love her very much  
Animals are very clever and I love all animals  
My opinion is that everybody should have a pet to care for. If you have a baby in the house and a pet, it is a good thing because the baby will have antibodies and not be sick or allergic to animals  
We must neuter our pets and we shouldn't have more than one pet. Stray animals must also be neutered so as not to give birth to more puppies living on the streets.

#### ***Appendix D: Participating Schools and Animal Welfare Organisations***

##### *Greater Athens:*

- Marinou Foreign Language School, Kallithea
- Xifaras Foreign Language School, Ag. Dimitrios
- Omiros Foreign Language School, Arxarnon
- British Council Teaching Centre, Athens
- 1<sup>st</sup> Junior High School Ellinikou
- 2<sup>nd</sup> Junior High School Ellinikou

##### *Ikaria:*

- 1<sup>st</sup> Primary School Agiou Kirikou
- 2<sup>nd</sup> Primary School Agiou Kirikou
- Evdilou Primary School
- Raxon Primary School
- Ag. Kirikou Junior High School
- Evdilou Junior High School
- Raxon Junior High School

##### *Zakynthos:*

- 3<sup>rd</sup> Primary School Zakynthos
- 6<sup>th</sup> Primary School Zakynthos
- Mourzakeio Primary School
- Vanatou Junior High School
- Music Junior High School Zakynthos



### *Animal Welfare Organisations:*

- Greek Animal Welfare Fund
- Zakynthian Animal Welfare Fund
- Education team from Cretan Animal Welfare Group

### **Appendix E: Acknowledgements**

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### **Appendix F: About the Researcher**

Carol McBeth is a qualified veterinary nurse and a member of the British Veterinary Nursing Association. Prior to relocating to Greece in 1988, she was head surgery nurse at Glasgow Veterinary School, held a part time position as a lecturer in veterinary nursing and served as the Branch Coordinator for the Scottish Branch of the British Veterinary Nursing Association.

Since 1988, Carol has worked in the animal welfare sector in Greece. In 1999 she successfully completed a course comprising of 3 modules on animal welfare held at Cambridge and Birmingham Universities. In 2002, she successfully completed an RSPCA 'Train the Trainers Course'.

She has created and implemented pioneering Humane Education Programmes for Greek school children and young adults including an annual nationwide writing competition for school children. She has been responsible for coordinating nationwide animal welfare campaigns, designing and presenting companion animal first aid courses, organising conferences/workshops for Greek animal welfare societies. In addition, she has participated as a trainer in teacher training workshops run by the RSPCA in Greece, as well as courses organised by the Environmental Teachers Association Thessaloniki.

Carol is the president of the Coalition in Defence of the Animals in Greece and a founder member of the Animal Welfare Society on Ikaria.

### **Appendix G: References**

<sup>1</sup>Herzog and Golden 2009 Gender differences in human-animal interactions: a review

<sup>2</sup>Headey, B. (1999) Health Benefits and Health Cost Savings Due To Pets

<sup>3</sup>Bodmer, 1998; Effects of Pet Ownership on the Well-Being of Adolescents with

Few Familial Resources

<sup>4</sup>Henselman, 2002 Hanselman, J.L. (2002). Coping Skills Interventions with Adolescents in Anger Management

<sup>5</sup>Trienenbacker, 1998 Triebenbacher, S.L. (1998). The Relationship Between Attachment to Companion Animals